



Variables Related to Well-Being in Adolescence

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Message from the Collection Editors

Dear Colleagues,

Adolescence is one of the most complex stages of the life cycle, marked by numerous biological, social, and cognitive changes. For a long time, a negative and conflicting view of this evolutionary stage had been maintained. However, adolescence is currently considered a time of transition that implies facing stressors and complicated situations and therefore requires important adaptations in a relatively short period of time.

If it is not successfully overcome, more or less visible and serious problems are likely to manifest, such as substance use, violence, transgression of authority, school failure, psychological disorders, and even suicide.

This is why this Special Issue aims to join contributions that investigate those capacities, skills, abilities, and experiences that, from an individual, social, or educational perspective, facilitate the well-being and integral development of adolescents, which results in the improvement of their wellbeing in the short and long term.





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Journal Rank: CiteScore - Q2 (*Clinical Psychology*)

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Health, Psychology and Education*
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