



youth

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Strategies to Support Mental Health and Provide Access to Mental Health Services for Youth during Crises

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Message from the Guest Editors

While COVID-19 literature provides insight into how youth coped during the pandemic, based on the UNICEF study, it is not clear which evidence-based strategies are used to support youth or how they cope with other forms of crises such as problems with the family, in school, in work, unemployment, or in any other traumatic event. Notably, mental health is a crucial factor amongst youth with evidence mainly located in prevalence studies in terms of levels, determinants, risk and protective factors, etc. There is much less information regarding solutions, interventions or access to mental health support and shifting to mental well-being amongst youth.

For the proposed Special Issue, we welcome studies which focus on these aspects of mental health strategies amongst youth. Furthermore, we welcome various methodological approaches (quantitative, qualitative, mixed and reviews) to provide insight into the topic of evidence-based strategies to support the mental health of youth living in or experiencing a crisis or crises.



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Special Issue