



## Physical Activity, Education and New Methodologies

Guest Editors:

**Prof. Dr. Pedro Valdivia-Moral**

Faculty of Education,  
Department of Didactics of  
Musical, Plastic and Body  
Expression, University of  
Granada, 18071 Granada, Spain

**Prof. Dr. José Luis Ubago-  
Jiménez**

Faculty of Education,  
Department of Didactics of  
Musical, Plastic and Body  
Expression, University of  
Granada, 18071 Granada, Spain

Deadline for manuscript  
submissions:

**closed (31 December 2021)**

### Message from the Guest Editors

Dear Colleagues,

Nowadays, Physical Activity has been influenced by new methodologies. The new methodologies provoke new developments in the area of Sports Performance, Healthy Physical Activity, Sports Management and Physical Education, always from a sustainable perspective.

Focusing on Physical Education classes, didactic and sustainable aspects such as inclusive education, evaluation, equal education, psychological aspects and many additional elements affecting students and teachers. The scientific community needs to study these issues in order to promote Physical Education Didactics development. To this aim, cross-sectional, longitudinal and intervention studies that analyse motivation and teaching methodologies in the context of physical education, physical activity and sports for different ages can be presented. Furthermore, validations of measurement instruments linked to the study topic of this special issue are of interest. Systematic reviews and meta-analyses are also of great interest to the scientific community.

Dr. Pedro Valdivia-Moral

Dr. Jose Luis Ubago

*Guest Editor*





an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Marc A. Rosen**

Faculty of Engineering and  
Applied Science, University of  
Ontario Institute of Technology,  
Oshawa, ON L1G 0C5, Canada

## Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE](#) and [SSCI \(Web of Science\)](#), [GEOBASE](#), [GeoRef](#), [Inspec](#), [AGRIS](#), [RePEc](#), [CAPlus / SciFinder](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (*Environmental Studies*) / CiteScore - Q1 (*Geography, Planning and Development*)

## Contact Us

*Sustainability* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/sustainability](http://mdpi.com/journal/sustainability)  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)  
[X@Sus\\_MDPI](#)