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Sports Injury: Prevention and Rehabilitation

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Message from the Guest Editors

Dear Colleagues,

Injuries are a significant barrier to an athlete and their team in achieving their performance-related goals. In many sports settings, injury is often viewed as an unpreventable and unfortunate consequence of participation. This is despite evidence showing that the injury risk associated with sports participation can be significantly reduced with the implementation of appropriate preventive strategies. The aims of this Special Issue are to (i) describe the extent of the injury problem in specific athlete populations (including tactical athletes); (ii) understand the mechanisms of common injuries in sport; and (iii) examine the efficacy and/or effectiveness of injury-prevention programs.

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Dr. Emma Siesmaa

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Guest Editor



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Special Issue



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Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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