



sports

Dear Colleagues,

We are pleased to announce the winners of the *Sports* 2021 Best Paper Award. All papers published from 1st January 2021 to 31st December 2021 in *Sports* were considered for the award. After a thorough evaluation of the originality and significance of the papers, citations, and downloads, two winners were selected.

2021 BEST PAPER AWARD WINNERS

One Review:

Loading Recommendations for Muscle Strength, Hypertrophy, and Local Endurance: A Re-Examination of the Repetition Continuum

By Brad J. Schoenfeld, Jozo Grgic, Derrick W. Van Every and Daniel L. Plotkin
Sports **2021**, *9*(2), 32; doi: 10.3390/sports9020032.

One Article:

Predictive Analytic Techniques to Identify Hidden Relationships between Training Load, Fatigue and Muscle Strains in Young Soccer Players

By Mauro Mandorino, António J. Figueiredo, Gianluca Cima and Antonio Tessitore
Sports **2022**, *10*(1), 3; doi:10.3390/sports10010003.

Each winner will receive CHF 500 and a chance to publish a paper free of charge in *Sports* in 2023 after peer review.

Please join us in congratulating the winners of *Sports* 2021 Best Paper Award. We would also like to take this opportunity to thank all of our authors for your continued support of *Sports*.



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