



## Psychosocial Research Methods to Understand Lived Experience through Art and Design Collaborations

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### Message from the Guest Editor

Psychosocial research explores the relationship between ‘inner’ psychological experience and social factors. Such approaches are key for advancing research in the area of mental health and wellbeing, where it is increasingly acknowledged that social determinants are critical to health outcomes. A wide range of methods are available grounded in ‘bottom-up’ generative inquiry to understand lived experience in social settings. Art and design methods are being used by psychosocial researchers to examine subjective and inter-subjective experiences and the relationships between individuals and social contexts.

This Special Issue will focus on methods, protocols, and case studies encompassing key methods including psychosocial design, psychosocial engagement, and the ‘Visual Matrix’. It will include examples of how psychosocial art and design theories and practices are used in relation to aging, dementia, trauma, abuse, refugees, and social isolation and loneliness. It will demonstrate how psychosocial art and design arises *from* and engages *with* lived experience contributing to knowledge in practical ways, in ongoing dialogue with psychosocial theory.





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