



Mental Health and Wellbeing in Elderly People: The Forgotten Loneliness

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Message from the Guest Editors

Dear colleagues,

Despite this increasing life expectancy, there has been no significant improvement in healthy life expectancy, meaning that the population of those living with poor health, comorbidity and disability will also rise. A particular issue which negatively impacts the health and well-being of the elderly is loneliness, and this often stems from the death of a partner, the lack of a geographically close family, withdrawal from social circles or the transition to supported accommodation. Furthermore, the issue of loneliness and social isolation is more apparent in the male elderly population compared to the female population. Nevertheless, there is a paucity of research which has focused on understanding the causes and consequences of elderly loneliness, and similarly, few empirical investigations have looked at a solution to this problem.

The focus of this Special Issue is to draw together recent quantitative and qualitative research to investigate not only the impact of loneliness on the mental health and well-being of the elderly population, but also look for solutions and examples of good practice which can be shared.





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Message from the Editor-in-Chief

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