



## Non-dual Techniques of Body, Energy and Consciousness: The Philosophy and Practice of Meditation

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### Message from the Guest Editors

This Special Issue aims to explore diverse perspectives in meditation research, which focuses on the history of meditation research and its progress in areas such as religious practice, enlightenment, mysticism, and ritual. The current socio-cultural conditions have intensified the need for meditation research, considering the accumulation of global human problems and the increasing interest in counterculture and the New Age. While previous studies have attempted to construct a general theory of meditation, they have often been based on mind-body dualism and consciousness-centric approaches, exhibiting a form of Orientalism. Therefore, this Special Issue encourages a retrospective examination of traditional meditation research, urging a review of its epistemological and methodological foundations.

We welcome original research articles and reviews, with 1) research areas encompassing critical examinations of consciousness-centered mind-body dualism, 2) comparative studies of meditations from different religious traditions, and 3) an overarching perspective on contemporary meditation in relation to the social history and philosophy of meditation.





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## Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community - disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

*Religions* is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

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