



## New Perspectives on Medicinal and Aromatic Plants and Their Isolated Bioactive Compounds

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### Message from the Guest Editors

Nowadays, the market for phytotherapeutics as well as plant-based food supplements (PFS) is constantly growing. A more holistic approach to treatments, as well as the need to find new alternatives to conventional therapies which often cause significant side effects and consequent therapeutic inefficiency, has inexorably led research to focus on the plant world. Indeed, it represents an inexhaustible source of plant complexes and isolated bioactive compounds capable of preserving the subject's state of health, as in the case of PFS, or assisting conventional therapy and sometimes even replacing or filling some therapeutic gaps, as in the case of phytotherapeutics.

The aim of this Special Issue is to collect new scientific evidence in this regard. Original research articles and reviews investigating medicinal and aromatic plants through a multidisciplinary approach (macro- and micro-morphological, phytochemical and biological) will be taken into consideration. Particular attention will be given to some critical points regarding the reproducibility of health and therapeutic effects, such as the standardization and titration of plant complexes.





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## Message from the Editor-in-Chief

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