



## Nanomedicine across Barriers

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Deadline for manuscript  
submissions:

**closed (20 June 2022)**

### Message from the Guest Editors

Dear Colleagues,

Nanomedicine delivery systems are a hot topic across every field of disease treatment. Of these, lipidic and polymeric nanoparticles have become one of the leading fields. They have been modified and improved to increase stability, drug loading and compatibility, and bioavailability through improved synthesis or conjugation with other molecules; however, the major problem remains of how to further improve the delivery these particles efficiently to the diseased site. Novel methods of surpassing the bodies' major barriers are needed to improve efficacy, lower toxicity, and off-target effects and create clinically applicable nanomedicine treatments to cure diseases. In this Issue, we want to highlight recent nanomedical carrier advances for the ability to overcome the bodies' natural barriers for improved treatment. Advances in lipidic and polymeric nanoparticles to overcome the following barriers are of the highest interest: blood–brain barrier, nasal delivery, ocular delivery, topical delivery across the skin, and pulmonary delivery.

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*Guest Editors*





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