



## Optimisation of Patient Centric Medicines for the Older Population

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### Message from the Guest Editors

Dear Colleagues,

Improvements in healthcare and lifestyles have increased the proportion of people aged 65 and above, whilst this population also represents a major user group of prescribed medicines. Optimising the use of these medicines is important to ensure that these patients are willing and able to take their medication as intended in order to manage conditions effectively; however, age-related changes, the presence of co-morbidities and issues of acceptance and adherence can lead to complexities in medicines optimisation in this heterogeneous population.

This Special Issue serves to highlight and capture the contemporary progress and current landscape of patient-centric pharmaceutical drug product design, formulation and optimisation for the older population.





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## Message from the Editor-in-Chief

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