Interventions to Improve Medication Adherence and Health Outcomes

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Medication adherence is the process by which patients take their medication as prescribed and is an umbrella term that encompasses all aspects of medication use patterns. Patient adherence is a prerequisite for achieving the desired therapeutic outcome. Different methods exist to assess adherence, all with their pros and cons, and none represent the gold standard. Thus, various interventions to improve medication adherence have been developed and tested so far, but very few have demonstrated an effect on therapeutic outcomes. With the boom of new technologies to assess medication use, such as m-health, it is time to demonstrate the impact of adherence interventions on health outcomes.

Based on this research topic, we will focus on adherence interventions whose endpoints are health outcomes. Single or multiple (polypharmacy) medications can be considered, and the research can be theory- or practice-based.

Dr. Isabelle Arnet
Guest Editor

Special Issue

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Message from the Editor-in-Chief

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