



Modern Pharmaceutics for Cardiovascular Diseases, 2nd Edition

Guest Editors:

Dr. Radu Iliescu

Department of Pharmacology,
“Grigore T. Popa” University of
Medicine and Pharmacy, 16
University Street, 700115-Iasi,
Romania

Dr. Ionut Tudorancea

1. 1st Medical Department,
“Grigore T. Popa” University of
Medicine and Pharmacy, Iași,
Romania
2. Cardiology Department,
Emergency Clinical County
Hospital, Iasi, Romania

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Message from the Guest Editors

Observational studies have shown that cardiovascular diseases are the leading cause of mortality in the world, and it is estimated that disturbances such as ischemic heart disease and stroke account for approximately 80% of cardiovascular disease mortality. Although various non-pharmaceutical strategies addressed to the primary prevention of cardiovascular diseases, such as tobacco control policies, reducing the consumption of harmful food, and increasing physical activity still represent a key strategy, though often they are not sufficient. Moreover, despite the availability of a plethora of pharmaceutical approaches specifically targeting mechanisms involved in cardiovascular diseases over recent years, the burden of these pathologies has only been marginally alleviated. Therefore, new pharmaceutical and non-pharmaceutical strategies are necessary for both primary and secondary prevention to reduce the burden of cardiovascular diseases.

It is well known that recent advances in pharmaceutics made the development of new drugs for cardiovascular diseases, which are able to significantly improve the short- and long-term prognosis and to prevent premature deaths, possible. .





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Editor-in-Chief

Prof. Dr. Patrick J. Sinko

Department of Pharmaceutics,
Ernest Mario School of
Pharmacy, Rutgers University,
Piscataway, NJ 08854, USA

Message from the Editor-in-Chief

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Pharmaceutics
MDPI, St. Alban-Anlage 66
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