



## Therapeutic Potential of Natural Products in Internal Diseases

Guest Editors:

**Dr. Dorin Dragoş**

Departament 1 Medical  
Semiology, Universitatea de  
Medicina si Farmacie Carol Davila  
din Bucuresti, Bucharest,  
Romania

**Dr. Adelina Vlad**

Physiology Department, Faculty  
of Medicine, "Carol Davila"  
University of Medicine and  
Pharmacy, 050474 Bucharest,  
Romania

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### Message from the Guest Editors

Dear Colleagues,

In the last decades tremendous progress has been made in the discovery of new drugs for the treatment of internal diseases, changing the prognostics and course of these diseases. There are many instances of inappropriate employment of conventional drugs in the treatment of symptoms/disorders for which those drugs are not indicated, such as antibiotics for viral diseases, coronary heart disease medication for unspecific (including psychosomatic) chest pain, blood pressure-lowering medication for emotion-related fluctuations in blood pressure, etc., and many honest practitioners acknowledge that they should use something else, but lack the trust in or knowledge of alternative therapies. A large segment of the population prefers alternative treatments, one of the most popular being herbal treatments. Individuals relying on alternative therapies are more amenable to health-promoting lifestyle changes.

Let us, those that understand the considerable and insufficiently tapped potential of natural products, provide high-quality studies and reviews promoting the use of these products.

Dr. Dorin Dragoş  
Dr. Adelina Vlad  
*Guest Editors*





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Departamento de Química e Bioquímica (DQB) e Centro de Química e Bioquímica (CQB), Faculdade de Ciências, Universidade de Lisboa (FCUL), Rua Ernesto de Vasconcelos, Campo Grande, Edifício C8, 5º Piso, 1749-016 Lisboa, Portugal

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*Pharmaceuticals* Editorial Office  
MDPI, St. Alban-Anlage 66  
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