



## **Weight Stigma: Experiences, Consequences, Causes and Remedies**

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### **Message from the Guest Editors**

The rise in public health concern and debate around the body weight classifications of overweight and obesity has been accompanied by important psychosocial consequences—in particular, a concomitant rise in weight stigma. Weight stigma can be defined as prejudice and discrimination due to weight or body size. It includes experiences of being stigmatised by others, internalised weight (self) stigma, and anticipated or expectation of stigma—all of which have been linked to negative health outcomes and potentially life-limiting disparities of experience.

This Special Issue invites original research articles and systematic reviews that examine the psychosocial and health consequences of weight stigma. This includes the potential impact on mental and physical health, health intentions and behaviours, body image, eating behaviour, behavioural avoidance, social exclusion, and inequality. Work examining weight stigma in specific settings, such as health care, physical activity, employment and education, is particularly welcomed.

