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Nutrition in Post-stroke Subjects during Rehabilitation

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Message from the Guest Editor

The clinical picture after stroke can be heterogeneous and its evolution and response to the rehabilitation can be very different despite similar clinical status at the onset. Individual factors can modulate the clinical picture and response to the rehabilitation treatment. Nutrition plays an important role in the recovery of patients; however, there are few studies in this field right now. Given the prevalence of malnutrition after a stroke insult and the fact that proper and integrated nutrition can have a significant impact on physical and cognitive function, the scientific community should devote more efforts to this field. The aim of this Special Issue is to examine the current state of diet and nutrition research in post-stroke subjects admitted to rehabilitation centres. Original papers, narrative and systematic reviews, and meta-analyses are welcomed.



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Special Issue



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