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## Nutritional Status of Older Adults

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### Message from the Guest Editor

Older adults from all settings are at increased risk for nutritional difficulties and disabilities in physical function. Not all associations have been clarified in this regard, and the current life situation in particular seems to have a major impact on it. Innovative technology provides high potential in supporting older adults in general, comprising on one hand assessment of nutritional status or status of physical function and mobility, and on the other hand assistance to increase nutritional and mobility situation, e.g., with tablet-based applications. There is still a great need for research in this regard. In the future, the number of technology readiness of seniors will increase, and more technology equipment will become available in seniors' environment, so that opportunities can be better used which enable supporting seniors in their daily life with the goal of a self-determined independent life, ideally at home, for a long time.



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