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Nutrition in Chronic Conditions

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Deadline for manuscript
submissions:

closed (25 September 2022)

Message from the Guest Editors

The effects of nutrition on chronic conditions, such as diabetes, cardiovascular disease, dementia, and stroke, continue to generate interest among researchers. This is based on the fact that diet is a modifiable risk factor for these diseases, which manifest either as single entities or in co-morbid states in individuals and populations around the world. The composition of the diet, the proportion and types of macronutrients, and micronutrients present in the diet are major contributors to these diseases. The evaluation of the role of nutrition in chronic conditions draws on its effect on body weight and body composition, glycaemic and insulin excursions, and vascular remodeling. The effect of the diet in modulating gut microbiota dysbiosis is also an evolving area of research.

Therefore, this Special Issue on “Nutrition and Chronic Conditions” is aimed at examining the effect of nutrition in the development, care, and management of chronic conditions. The primary conditions of interest are diabetes, cardiovascular disease, dementia, stroke, and inflammatory bowel disease.



mdpi.com/si/87799

Special Issue



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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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