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## Flavonoid Intake and Human Health

Guest Editors:

**Prof. Dr. Claire Williams**

School of Psychology and  
Clinical Language Sciences,  
University of Reading, Reading,  
UK

**Dr. Daniel Lampert**

School of Psychology and  
Clinical Language Sciences,  
University of Reading, Earley  
Gate, Whiteknights Road,  
Reading RG6 6AL, UK

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submissions:

**closed (30 November 2018)**

### Message from the Guest Editors

There is now a substantial body of literature that has investigated the potential benefits to health of acute and chronic flavonoid consumption. This Special Issue presents the leading evidence in the field, through a series of systematic reviews, original data sets, and commentaries focused on the following topics:

- Exploring the cognitive benefits of epicatechin consumption with a mechanistic cerebral blood flow perspective
- The interaction between acute flavonoid ingestion and acute exercise interventions for influencing polyphenolic gut peptides.
- The efficacy of dietary flavonoids for prevention and treatment of metabolic disorders such as type 2 diabetes
- An overview of the mechanistic complexities surrounding flavonoid intake and gut microbiota.
- The interplay and overlap between cardiovascular health and cerebrovascular health following systematic flavonoid consumption
- A detailed, critical review of the epidemiological evidence examining the link between dietary flavonoid consumption and chronic disease risk.



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# Special Issue



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1. Centro de Investigación  
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(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

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## Message from the Editorial Board

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## Contact Us

*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
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