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Diet and Mental Health

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Message from the Guest Editor

Dear Colleagues,

In this special issue we will welcome original research and systematic reviews of the literature on the role of food and dietary patterns in the prevention and treatment of mental health, across the spectrum including mental health/wellbeing thorough to mental illness. This issue will focus on the diet and dietary patterns broadly rather than bioactive substances, non-nutritive supplements and/or complementary medicine.

Dr. Lesley MacDonald-Wicks

Guest Editor



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Special Issue



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