







an Open Access Journal by MDPI

Creatine Supplementation in Health, Performance, Disease and Rehabilitation

Guest Editors:

Prof. Dr. Richard B. Kreider

Exercise & Sport Nutrition Laboratory, Human Clinical Research Facility, Texas A&M University, College Station, TX 77843, USA

Prof. Dr. Jeffrey R. Stout

Physiology of Work and Exercise Response (POWER) Laboratory, Institute of Exercise Physiology and Rehabilitation Science, School of Kinesiology and Physical Therapy University of Central Florida, 12494 University Blvd., Orlando, FL 32816, USA

Deadline for manuscript submissions:

closed (5 February 2024)

Message from the Guest Editors

Dear Colleagues,

Our 2021 Special Issue on Creatine Supplementation for Health and Clinical Diseases was a great success, publishing 28 papers from leading creatine scholars and an MDPI book. Invited papers were also presented at the 2022 Creatine Conference in Health and Disease Throughout the Lifetime. Due to the success of that previous Special Issue, Nutrients has asked us to extend this effort by editing this Special Issue that will publish additional comprehensive reviews and original research studies evaluating the impact of creatine supplementation on health, performance, disease management, and rehabilitation. While those who participated and/or attended the online conference will receive a 10% discount on article processing fees for publishing their work in this Special Issue, we invite all scholars doing research on creatine to submit their work to this Special Issue. We plan to publish papers submitted to this Special Issue in a special topics book of selected 2023– 2024 publications.











an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain 2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain 3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI),

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Prof. Dr. Maria Luz Fernandez

Canarian Health Service, 35016

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

Author Benefits

Las Palmas, Spain

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition & Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us