



***nutrients***



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## Dietary Bean Consumption and Human Health

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Deadline for manuscript  
submissions:

**closed (1 July 2019)**

### Message from the Guest Editor

Dear Colleagues,

Of the four most prominent pulses, common bean is consumed in the largest amount per capita and is a focus of this Special Issue on “Dietary Bean Consumption and Human Health” in *Nutrients*. However, research in which other pulses are investigated will also be considered. Manuscripts can focus on a broad range of health related issues including: 1) micronutrient nutrition, 2) chronic disease prevention and control, 3) agronomic traits related to human health 4) the microbiome and gut health, 5) immune regulation, 5) closing the dietary fiber gap, 6) amino acid availability as it relates to mTOR regulation, 6) cultural and psychosocial determinants of common bean consumption, 7) xenohormesis as it relates common bean domestication, 8) the use of genomic data on common bean to improve human health characteristics of this food source, and the design of human cuisines intended to increase common bean consumption, 9) the use of common bean seed to produce microgreens, and 10) the identification of bioactive components of common bean.

Prof. Dr. Henry J. Thompson

*Guest Editor*



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# Special Issue



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