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Dietary Selenium Intake and Human Health

Guest Editors:

Prof. Dr. Anthony Perkins

School of Pharmacy and Medical
Sciences, Griffith University,
Nathan, QLD, Australia

Dr. James Cuffe

School of Biomedical Sciences,
Faculty of Medicine, The
University of Queensland,
Queensland, Australia

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submissions:

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Message from the Guest Editors

Dear Colleagues,

We are very excited to announce a Special Issue of *Nutrients* on “Dietary Selenium Intake and Human Health”. Selenium is an essential micronutrient that is required for the function of more than 25 proteins in the human body. These proteins have a wide range of functions, including antioxidant defences, protein folding, thyroid hormone metabolism and immune health. A number of selenoproteins remain poorly characterised and offer an exciting line of investigation. Reduced dietary selenium intake is associated with poor health right across the life span, with selenium requirements increasing during pregnancy, lactation and in older individuals.

This Special Issue of *Nutrients* will include both animal and human studies that investigate the role of dietary selenium in health and disease. It is expected that this Special Issue will include studies on a range of different physiological systems and disease states. We also welcome studies investigating selenium as a dietary intervention to improve health and studies investigating the role of novel selenoproteins in human health.



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Special Issue



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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