



nutrients



an Open Access Journal by MDPI

Polyphenol-Rich Foods for Human Health and Disease

Guest Editors:

**Dr. María-Teresa García
Conesa**

Quality, Safety and Bioactivity of
Plant Foods, Food Science and
Technology Department, CEBAS-
CSIC, P.O. Box 360, Campus de
Espinardo, Espinardo, 30100
MURCIA, Spain

Dr. Mar Larrosa

Food, Microbiota and Health
Group, Department of Pharmacy
and Biotechnology, Faculty of
Biosciences, Universidad
Europea de Madrid, c/Tajo s/n
Villaviciosa de Odón, 28670
Madrid, Spain

Deadline for manuscript
submissions:

closed (30 September 2019)

Message from the Guest Editors

Dear Colleagues,

The effects of plant-derived polyphenols have long been investigated using a variety of pre-clinical models that have attributed a range of, generally beneficial, biological effects to these compounds. These compounds have the potential to contribute to the maintenance of health status as well as to prevent, delay, and reduce a number of chronic diseases in humans. Despite the increasing number of published clinical studies looking at the effects of these bioactive compounds, there are still many questions to resolve. It is essential that we demonstrate the effects of the intake of these compounds on specific human subpopulations and the factors influencing these effects, that we confirm the regulation of specific disease-related biomarkers by these compounds and their derived metabolites, and that we begin to establish the link between these effects and the mechanisms of action occurring in the human body in response to the intake of polyphenols.

Dr. Maria-Teresa García-Conesa

Dr. Mar Larrosa

Guest Editors



mdpi.com/si/21531

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)