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Ultra-Processed Food and Human Health

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Deadline for manuscript submissions:

closed (5 May 2024)

Message from the Guest Editors

Dear Colleagues,

There is growing evidence linking the consumption of ultra-processed foods (UPFs) to adverse health outcomes. UPFs are invariably obesogenic and are often characterized by higher energy density, lower nutritional quality and the presence of additives and contaminants derived from food packaging and compounds formed during production, processing, and storage. In this context, a Special Issue summarizing recent data about the relationship of ultra-processed foods and human health, with a special focus on potential biological mechanisms and pathways, is of significant interest and clinical value. Epidemiological studies linking the consumption of UPF to noncommunicable chronic disease risk are also valuable and may inform public health policy targeting the promotion of fresh or minimally processed foods.

Our ambition in this Special Issue is to provide new insights into understanding the role of ultra-processed foods on adverse health outcomes. We encourage authors to submit their original research on this fascinating topic.



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Special Issue



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