



an Open Access Journal by MDPI

# Dietary Phytochemicals: Benefits for the Prevention and Management of Chronic Diseases including Their Interaction with the Gut Microbiome

Guest Editors:

#### Dr. Sumanto Haldar

Clinical Nutrition Research Centre (CNRC), Singapore Institute of Food and Biotechnology Innovations (SIFBI), Agency for Science Technology and Research (A\*STAR), 30 Medical Drive, Singapore 117609, Singapore

#### Dr. Ren-You Gan

Singapore Institute of Food and Biotechnology Innovation (SIFBI), Agency for Science Technology and Research (A\*STAR), 30 Medical Drive, Singapore 117609, Singapore

Deadline for manuscript submissions: closed (30 June 2023)

### **Message from the Guest Editors**

Dietary bioactive phytochemical compounds are found in a variety of grains, legumes, vegetables, fruits, herbs and spices, and other plant foods. Increasing evidence suggests a plethora of benefits of these phytochemicals in reducing the risk of some chronic diseases, such as type 2 diabetes, cardiovascular disease, obesity, and some cancers.

In order to provide an extensive and deep understanding of dietary phytochemicals with regard to human health, this Special Issue will focus on dietary phytochemicals and their roles in the prevention and management of chronic diseases, particularly in the understanding of their dietary sources, their bioavailability, and the interindividual variability in their metabolism, including their interaction with the gut microbiome. This Special Issue will also cover the applications of these phytochemicals as functional ingredients to develop foods with improved functionality and with the potential to prevent and manage chronic diseases.









an Open Access Journal by MDPI

## **Editors-in-Chief**

#### Prof. Dr. Lluis Serra-Majem

Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

#### Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

## **Author Benefits**

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition & Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

## **Contact Us**

*Nutrients* Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/nutrients nutrients@mdpi.com X@Nutrients\_MDPI