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## Nutrition Support for Athletic Performance

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Deadline for manuscript  
submissions:

**closed (10 June 2019)**

### Message from the Guest Editors

Dear Colleagues,

Athletes and their support personnel are constantly seeking evidence-informed recommendations to enhance athletic performances during competition and to optimize training-induced adaptations. Accordingly, nutritional and supplementation strategies are commonplace when seeking to achieve these aims, with such practices being implemented before, during, or after competition and/or training in a periodized manner. Performance nutrition is becoming increasingly specialized and needs to consider the diversity of athletes and the nature of the competitions. *Nutrients*, therefore, welcomes the submission of manuscripts, either describing original research or reviewing scientific literature, on the topic of nutrition support for athletic performance, which highlight recent advances in the discipline.

Prof. Mark Russell

Dr. Jill Parnell

*Guest Editors*



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# Special Issue



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## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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