



## Malnutrition and Gastrointestinal Disease

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### Message from the Guest Editors

Malnutrition is a condition that is commonly associated with a decrease in food consumption, increased nutrient storage catabolism, or malabsorption. Although a consequential proportion of patients who suffer from gastrointestinal diseases experience malnutrition, there exists a noteworthy dearth of awareness concerning this issue. As such, the likelihood of disease-related complications is elevated. It is widely acknowledged that malnutrition is frequently associated with poor clinical outcomes, reduced quality of life, impaired body function, and a diminished response to therapy. Early intervention involving the provision of adequate nutritional intake in terms of quality and quantity is crucial in improving prognosis. The increasing access to data for risk stratification and evaluation of nutritional interventions and their influence on outcomes will significantly improve the treatment of malnutrition.

The purpose of this Special Issue is to offer new insights into malnutrition in gastrointestinal diseases and to bridge the divide between research and clinical practice for improved outcomes.





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