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The Role of Diet and Physical Activity in Pediatric Health Disparities

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Message from the Guest Editor

Children living in various populations around the world face health disparities. Health disparities are inequitable by nature, with historical and continuing unequal as well as discriminatory practices of social, political, economic, and environmental resource distribution and utilization. The prevention, management, and treatment of children's health disparities would greatly reduce the overall burden of morbidity and mortality in affected populations around the globe. Disparities in dietary intake and physical activity are prevalent all over the world and may contribute to health disparities related to obesity, diabetes, cardiovascular disease, cognitive health, and the overall well-being of children.

This Special Issue focuses on the impact of both diet and physical activity on children's health outcomes, with an emphasis on pediatric health disparities. We also welcome papers exploring specific approaches (nutrition interventions, nutrition policies, exercise strategies, etc.) to lessen health disparities among children.



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Special Issue



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Message from the Editorial Board

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