



## Dietary Iron, Iron Deficiency and Human Health

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submissions:

**closed (31 March 2020)**

### Message from the Guest Editor

Dear Colleagues,

Iron deficiency continues to be the most prevalent nutrient deficiency worldwide. It can result from excessive losses and various disease processes, but many cases are due to low total dietary iron intakes and/or poor absorption of iron from the gastrointestinal tract due to low bioavailability resulting from the form of iron (haem and/or non-haem) and the interaction with other food components (enhancers and/or inhibitors of iron absorption). Whatever the cause of iron deficiency, the impacts on health and wellbeing are significant and far reaching.

This special issue will publish manuscripts that examine dietary iron intake and its relationship with iron status, as well as papers addressing the implications of poor iron status on human health.

Dr. Amanda Patterson

*Guest Editor*





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