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Dietary Interventions for Chronic Pain and Inflammatory Diseases

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Message from the Guest Editor

Inflammatory diseases include a series of disorders that are characterized by chronic inflammation. Inflammatory conditions, even low-grade inflammation, embody the release of a plethora of pro-inflammatory and anti-inflammatory mediators by cells that are, however, common even in different inflammatory conditions (inflammatory bowel diseases, rheumatoid arthritis, osteoarthritis, cardiovascular diseases, NASH, diabetes, etc.). In many inflammatory conditions, the elevated levels of proinflammatory proteins may cause discomfort, pain, and suffering in humans.

Dietary patterns can either trigger the inflammatory process and result in the manifestation of a proinflammatory state or regulate inflammation and reduce pain, when present.

In this Special Issue, we would like to bring together manuscripts dealing with the topic of “Dietary Interventions in Chronic Inflammatory Conditions and/or Chronic Pain”. Topics may include high-quality dietary interventions with foods, altered nutrient intake or food supplements, and specific dietary pattern interventions, such as the Mediterranean diet or calorie restriction, in humans.



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Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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