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Dietary Approaches and Prevention of Chronic Diseases

Guest Editor:

Prof. Dr. Rodney R. Dietert

Department of Microbiology and
Immunology, Cornell University,
Ithaca, NY 14853, USA

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submissions:

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Message from the Guest Editor

This Special Issue welcomes original research articles as well as reviews. Topics can include: 1) any chronic disease(s), 2) any dietary approach from among the journal's scope, and 3) any target system/disease category (e.g., neurological, immunological, metabolic, reproductive, endocrine, gastrointestinal, musculoskeletal, or cardiovascular) as well as the microbiome. As a reminder, the journal's scope includes the subjects of: macronutrients, micronutrients, essential nutrients, bioactive nutrients, nutrient requirements, nutrient sources, human nutrition aspects, functional foods, nutraceuticals (e.g., prebiotics and probiotics), health claims, public health, diet-related disorders, metabolic syndrome, malnutrition, nutritional supplements, sport nutrition, nutritional status and body composition, bariatric surgery, sarcopenia, nutritional physiology, and nutrigenomics. Importantly, the focus should be on prevention of an initial chronic disease and/or subsequent spread to comorbid diseases with increased risk of polypharmacy. Both broad public health strategies as well as personalized approaches will be welcomed.



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Special Issue



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1. Centro de Investigación
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2. Research Institute of
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3. Preventive Medicine Service,
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Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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