



*nutrients*



an Open Access Journal by MDPI

## Food Policies and Diet

Guest Editor:

**Dr. Sara E. Benjamin-Neelon**

Department of Health, Behavior  
and Society, Johns Hopkins  
Bloomberg School of Public  
Health, Baltimore, MD, USA

Deadline for manuscript  
submissions:

**closed (30 September 2020)**

### Message from the Guest Editor

Policy-based approaches to promote healthy eating and improve dietary intake are becoming more common in a number of countries, populations, and settings. For this Special Issue, we seek papers examining food policies and dietary behaviors from the perspective of preventing chronic diseases across the lifespan.

We will interpret food policies and dietary behaviors broadly. These may include foods and beverages (including alcohol), specific aspects or areas of diet, nutrients, packaging and labels, food systems, food equity, food environments, supplemental foods, emergency foods, feeding programs, and food fortification, among others. Policies may include laws, regulations, statutes, rules, and even formally adopted guidelines.

We welcome original research that fits broadly into the food policy and dietary behavior area. We will give preference to papers that describe prospective evaluations of new policies. However, we welcome papers presenting data from all study designs, including post-policy-only evaluations, cross-sectional studies, modeling studies, or descriptive studies. We also welcome review articles and letters to the editor.



[mdpi.com/si/36168](https://mdpi.com/si/36168)

# Special Issue



# *nutrients*



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación  
Biomédica en Red Fisiopatología  
de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

## Contact Us

*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/nutrients](http://mdpi.com/journal/nutrients)  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)  
[X@Nutrients\\_MDPI](https://twitter.com/Nutrients_MDPI)