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Dietary Patterns, Dietary Behaviour in Children and Adolescents

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Message from the Guest Editor

Dear Colleagues,

Dietary behaviours develop from early stages of life. Dietary patterns start to be established during childhood. Early interventions should be able to positively influence the development of healthy dietary patterns. In order to design intervention programs, the first step is to know which are the main determinants of dietary behaviours and dietary patterns in children and adolescents. Several strategies have been proposed to deal with optimal behaviours development. Of recent interest are the support of food literacy in families and co-creation strategies to improve energy balance related behaviours. All the previously mentioned topics will be covered in the present special issue.

Prof. Dr. Luis A. Moreno

Guest Editor



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Special Issue



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