



nutrients



an Open Access Journal by MDPI

Dietary Iron for Human Health

Guest Editor:

Dr. Diane M. DellaValle

Department of Nutrition and
Dietetics, Marywood University,
Scranton, PA, USA

Deadline for manuscript
submissions:

closed (31 December 2020)

Message from the Guest Editor

Dear Colleagues,

Iron deficiency (ID) is the most common nutrient deficiency worldwide. Women and children are especially vulnerable to ID, as are athletes and others performing high levels of physical activity. While risk of ID depends on several factors, poor dietary iron (Fe) intake, increased Fe losses, and altered intestinal Fe absorption, including the effects of inflammation on absorption, are among the largest impacts. Given the high prevalence of ID around the globe, it is imperative that sustainable solutions be proposed and discussed to improve dietary Fe intake and uptake, and to improve Fe absorption from the diet (especially non-heme Fe-containing staple foods).

Dr. Diane M. DellaValle

Guest Editor



mdpi.com/si/35832

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)