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Diet and Bone Health

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Deadline for manuscript
submissions:

closed (31 August 2021)

Message from the Guest Editor

For this Special Issue of *Nutrients*, we would like to invite papers on the relationship between diet and bone health and osteoporosis. This may include a focus on dietary quality, food and/or nutrient intake, nutritional biomarkers, and nutritional status, as well as dietary interventions.

The impact of diet on bone health, beyond calcium and vitamin D, has emerged as an important area of research. However, further evidence is needed to inform dietary recommendations and best practices for promoting overall bone health.

Manuscript submissions may include original research articles and systematic reviews and meta-analyses.

Potential topics may include, but are not limited to, associations between dietary patterns, food and food group intake, nutrient intake (macro- and micronutrient), nutritional biomarkers, and bone health outcomes. Bone health outcomes may encompass measures of bone quality, bone mineral density, bone turnover markers, low bone mass, and osteoporosis.



mdpi.com/si/48333

Special Issue



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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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