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# Health Benefits of Bioactive Natural Constituents — Prevention and Treatment of Cardiovascular Disease

Guest Editor:

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## Message from the Guest Editor

Dear Colleagues,

Preparations exerting both antioxidant and anticoagulant based on safe natural activities substances are continuously sought after for their potentially wide range of health benefits in the prevention and treatment of cardiovascular disorders. Natural bioactive substances antioxidative and hypo-cholesterolemic with both properties have been found to be effective in preventing the formation and/or progression of atherosclerosis. Oxidative stress associated with the presence of an excess of pro-oxidants, including free radicals, can cause the oxidative modification of lipids and proteins in the components of the hemostatic system (blood plasma and platelets) and can increase its reactivity (increased clotting). Such changes in vascular hemostasis contribute to various pathological conditions of the cardiovascular system, such as thrombosis and atherosclerosis.

Dr. Michal Majewski Guest Editor









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