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## Impact of Diet Behavior and Nutrition Intake on Atherosclerosis

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Deadline for manuscript  
submissions:

**15 June 2024**

### Message from the Guest Editor

Dear colleagues,

Atherosclerosis, or cholesterol plaque occlusions and narrowing of blood vessels, has long been understood to be the underlying pathological process for multiple diseases, including cardiovascular disease (CVD), the top global killer. Similarly, the well-known link between atherosclerosis and diet has been understood through decades of research—showing the morbidity and mortality benefit of a lower nutritional intake of salt, red meat, and processed meat along with higher intake of fruits, vegetables, and whole grains—to the point that such results have been codified into official recommendations by medical associations, governments, and international institutions including the World Health Organization. However, there is growing evidence for how CVD, other chronic comorbidities, and poor diet disproportionately impact lower-income communities and countries while undermining the sustainability and efficiency of local and national healthcare systems. This Special Issue invites programmatic and methodological advances in the “Impact of Diet Behavior and Nutrition Intake on Atherosclerosis” to address these gaps.



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# Special Issue



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