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## Novel Insight on Nutrition and Colorectal Cancer

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### Message from the Guest Editor

Dear Colleagues,

Nutrition is an established etiologic factor for colorectal cancer (CRC) and is estimated to account for more than 40% of CRC cases and deaths. Although a number of diets have been established, only some, e.g., Empirical Dietary Inflammatory Pattern (EDIP) and Empirical Dietary Index for Hyperinsulinaemia (EDIH), have been proven to be CRC-related. Therefore, more evidence of a diet that is more colon-targeted for CRC prevention is warranted to optimize the existing knowledge for an improved dietary CRC prevention, for example, through certain more colon-specific pathways like gut microbial metabolism.

Our ambition in this Special Issue is to provide a creative prospective towards the understanding of the nutritional role in any of colorectal cancer-relevant health outcomes. I encourage authors to submit their original research on this attractive topic. An up-to-date mechanistic review article describing the current research progress in the association between diet and CRC would fit very well as the initiating paper of this Special Issue. Any other suggestions from experts in the field are more than welcome.



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# Special Issue



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