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Nutrition and Exercise Interventions on Vascular Function and Adaptation

Guest Editor:

Dr. Catarina Rendeiro

School of Sport, Exercise and
Rehabilitation Sciences,
University of Birmingham,
Birmingham, UK

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Message from the Guest Editor

Dear Colleagues,

Nutrition and exercise are inextricably linked to vascular health, morbidity and mortality. Dietary practices can have significant acute and chronic effects on the vascular tree and can lay the groundwork for future vascular disease or for the prevention of vascular disease.

The purpose of this Special Issue, “The Effects of Nutrition and Exercise Intervention on Vascular Function and Adaptation,” is to address significant gaps in our knowledge of the effects of exercise and diet on improving peripheral vascular function, cerebrovascular function and mental health across different populations and throughout the lifespan.

Dr. Catarina Rendeiro
Guest Editor



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Special Issue



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Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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