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Dietary Amino Acids in Health and at All Stages of Life

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Message from the Guest Editor

Dear Colleagues,

While amino acids are known as the building blocks of proteins, amino acids are also known for their regulatory properties on various metabolisms. Moreover, their nutritional interest can be extended to their physiological and/or ergogenic properties (muscle metabolism, immune system, brain functions, sports performance, etc.). As such, they are widely used in food supplements. The purpose of this special issue is to review their metabolism at all ages of life and to establish the state of the art with regard to their nutritional value in the healthy subject.

Prof. Dr. Christophe Moinard
Guest Editor



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Special *Issue*



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