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Nutritional Management and Metabolic Complications of Bariatric Surgery

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Message from the Guest Editor

Dear Colleagues,

Obesity has a very complex multifactorial aetiology in which both genetic and environmental factors are involved. It is not only considered as a chronic and relapsing disease but also a risk factor for a multitude of other chronic noncommunicable diseases, with high rates of disability and all-cause mortality. Bariatric surgery is an increasingly popular treatment choice associated with rapid weight loss and a reduction in obesity-related comorbidities.

However, 25–30% of patients undergoing this type of surgery have a weight response considered insufficient, fail to achieve remission of their complications, experience weight regain, or develop food intolerances and micronutrient deficiencies. With nutritional screening and appropriate intake of diet and supplements, malnutrition following bariatric surgery can be prevented and treated before patients experience debilitating and irreversible consequences. This Special Issue is focused on the nutritional management and assessment of patients before and after bariatric surgery and the health issues following bariatric surgery. We welcome either original research or systematic reviews and meta-analyses.



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Special Issue



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