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Nutrition and Lifestyle in Gynecological Diseases

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Message from the Guest Editors

Dear Colleagues,

The pathologies of the genital tract in women are different. Very important factors in their epidemiology are, among other things, the nutrition and lifestyles of women. The pathologies not only comprise malignant and benign gynecological tumors, but also hormonal dysfunctions and their consequences (i.e., infertility, endometriosis, PCOS, and metabolic syndrome). Diets and lifestyles are modifiable factors, and changes in these factors may diminish the frequency of diseases as well as their courses, in addition to facilitating conventional treatment.

This Special Issue aims to promote knowledge and studies focusing on correlations between gynecological disorder risk, their treatment, and diets. Natural substances represent a promising strategy of action in the prevention, treatment, and management of gynecological pathologies. Studies on the subject of the use of dietary components in the management of menopause, infertility, and obstetric outcomes are also welcome.



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Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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