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The Long-Term Impact of COVID-19 Lockdown and Adaptations on Dietary Habits, Lifestyle, and Psychological Health

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Message from the Guest Editors

Dear Colleagues,

Since the beginning of the COVID-19 pandemic, people have faced many challenges, and without any preparation. The different lockdowns have been associated with a wide range of changes in lifestyle, including dietary habits, physical activity, sedentary behavior, and sleep, and have had a major impact on psychological health. These observations have been reported at all ages of life.

The goal of this Special Issue is to present the long-term impact of the COVID-19 pandemic, its consequences, and its adaptations among individuals. We are particularly interested in interventional studies conducted during or post-COVID-19 lockdown but also in any type of study conducted during these periods.

This new information will provide healthcare professionals, and more broadly community and decision makers, with widespread, clear, and updated evidence on how to tackle and manage the post-COVID-19 period.



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Special Issue



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