



nutrients



an Open Access Journal by MDPI

Optimal Diets for Prevention of Coronary Heart Disease

Guest Editor:

Dr. Sandra M. Colorado-Yohar

Consortium for Biomedical
Research in Epidemiology and
Public Health (CIBERESP), 28029
Madrid, Spain

Deadline for manuscript
submissions:

15 May 2024

Message from the Guest Editor

This Special Issue aims to emphasize the critical role of optimal diets in preventing coronary heart disease (CHD), which is a major global health concern. Cardiovascular diseases, including CHD, ischemic heart diseases, and hypertension, remain leading causes of mortality, especially in high-income countries. These conditions are closely linked to risk factors like hypertension, hypercholesterolemia, and diabetes, which can often be exacerbated by unhealthy lifestyles and poor diets.

Our Special Issue aims to spotlight the significance of dietary interventions in CHD prevention. Researchers are invited to contribute their findings, whether related to dietary patterns, nutrients, or lifestyle modifications, in order to assist in advancing cardiovascular health. Join us in understanding how optimal diets can be a potent tool against coronary heart disease. Submit your manuscript to shape the future of global heart health and save lives.



mdpi.com/si/188175

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://x.com/Nutrients_MDPI)