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Malnutrition and Food Fortification in Low- and Middle-Income Countries

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Message from the Guest Editors

We invite you to participate in this Special Issue entitled “Malnutrition and Food Fortification in Low- and Middle-Income Countries”. According to the World Health Organization, malnutrition includes undernutrition as well as overweight and obesity, affecting over 1.9 billion adults. Low- and middle-income countries are characterized by both a high prevalence of undernutrition, which is responsible for 45% of the deaths of children under 5 years of age, and increasing rates of childhood obesity. Nutritional abnormalities have both physical and psychological health consequences. They also affect people’s daily functioning, social relationships, and quality of life. This area still requires scientific exploration to find solutions that will be effectively implemented in the future.



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Special Issue



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