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# Impact of Bioactive Compounds on Metabolic and Cardiovascular Health

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## **Message from the Guest Editors**

Dear Colleagues,

Numerous studies over the years have highlighted the potential health effects of various bioactive components of plants. This research area is still being widely explored, involving wild as well as indigenous plants because of the wide diversity of bioactive components, as well as the various modes of action involved in preventing various chronic illnesses.

For this reason, the goal of this Special Issue, "Impact of Bioactive Compounds on Metabolic and Cardiovascular Health", is to cover research domains related to the potential health benefits of various bioactive molecules from plants.

We cordially invite authors to contribute original articles as well as review articles that will give the readers of *Nutrients* updated and novel perspectives about bioactive molecules and their impact on human health.

Dr. Sijo Jospeh (Thandapilly) Dr. Veda Krishnan Guest Editors













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