



***nutrients***

The Editorial Team would like to congratulate the winners of the *Nutrients* 2021 Best Paper Awards, who were chosen by a selection committee chaired by the Editors-in-Chief, Prof. Dr. Lluís Serra-Majem and Prof. Dr. Maria Luz Fernandez. Following a review process by the Evaluation Committee, three winners were selected.

The awards have been granted to:

**First Award:** (1000 CHF + one free publication)

**Gut Microbiome: Profound Implications for Diet and Disease**

Authors: Ronald D. Hills, Benjamin A. Pontefract, Hillary R. Mishcon, Cody A. Black, Steven C. Sutton and Cory R. Theberge

*Nutrients* 2019, 11(7), 1613; <https://doi.org/10.3390/nu11071613>

Available online: <https://www.mdpi.com/2072-6643/11/7/1613>

# 2021 BEST PAPER AWARD WINNERS

**Second Award:** (800 CHF + one free publication)

**Vitamin C Can Shorten the Length of Stay in the ICU: A Meta-Analysis**

Authors: Harri Hemilä and Elizabeth Chalker

*Nutrients* 2019, 11(4), 708; <https://doi.org/10.3390/nu11040708>

Available online: <https://www.mdpi.com/2072-6643/11/4/708>

**Third Award:** (700 CHF and one free publication)

**Early Time-Restricted Feeding Improves 24-Hour Glucose Levels and Affects Markers of the Circadian Clock, Aging, and Autophagy in Humans**

Authors: Humaira Jamshed, Robbie A. Beyl, Deborah L. Della Manna, Eddy S. Yang, Eric Ravussin and Courtney M. Peterson

*Nutrients* 2019, 11(6), 1234; <https://doi.org/10.3390/nu11061234>

Available online: <https://www.mdpi.com/2072-6643/11/6/1234>

Please join us in congratulating the winners of *Nutrients* 2021 Best Paper Awards. We would also like to take this opportunity to thank all of our authors for your continued support of *Nutrients*.

Kind regards,

Prof. Dr. Lluís Serra-Majem

Prof. Dr. Maria Luz Fernandez

Editors-in-Chief, *Nutrients*