



Current Trends in Ginseng Research

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Deadline for manuscript
submissions:

closed (31 December 2020)

Message from the Guest Editor

Ginseng is the common name for plants in the genus *Panax*, and the most beneficial phytochemical in the *Panax* species—ginsenoside—has numerous therapeutic benefits. Other pseudo-ginsengs include *Dendropanax morbifera*, *Gynostemma plantaphylum*, *Withania somnifera*, *Codonopsis lanceolata*, *Eleutherococcus senticosus*, and *Panax vietnamensis*. These plants are well-known for their adaptogen activities, which have been used to enhance human health since ancient times. For this Special Issue, we welcome studies that present research outcomes on therapeutic applications, ginseng-based nanoparticles, cosmetic applications, novel ginseng resources, ginseng saponins and their bioconversion, and secondary metabolites.





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Message from the Editor-in-Chief

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