



Probiotics, Prebiotics, and Gut Microbes

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Message from the Guest Editor

Probiotics (live beneficial microbes) have been shown to provide numerous benefits for digestion, immunity, and nutrient absorption. Similarly, prebiotics, which are non-digestible fibers found in certain foods, act as nourishment for beneficial gut microbes, promoting their growth and enhancing gut health. Thus, the study of probiotics, prebiotics, and other gut microbes have become rather crucial.

This Special Issue aims to collate papers that highlight the significance of maintaining a balanced gut microbiome for improvement in overall health. We invite authors to submit manuscripts on topics such as the mechanisms of action of probiotics and prebiotics, their specific health benefits, their potential applications in clinical settings, the role of gut microbiome in modulating immune response and inflammation, and the complex interplay between gut microbes and overall immune system function.





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Message from the Editor-in-Chief

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